# SENIOR MEAL DELIVERY

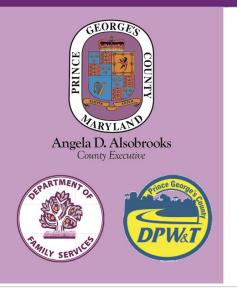


# MEAL OPTIONS DURING THE CORONAVIRUS PANDEMIC

#### The Senior Nutrition Program (301) 265 - 8475

The Senior Nutrition Program provides residents 60 years and older with the opportunity to enjoy nutritious, home-delivered meals to promote safety and good health during the coronavirus pandemic.

The Aging & Disabilities Resource Center (301) 265 - 8450 Older adults needing guidance with delivery services from grocery stores and pharmacies, or who want to learn about other programs and services for older adults, can call the Aging & Disabilities Resource Center.



The Prince George's County Senior Nutrition Program's mission is to promote the meal program, nutrition education, as well as social, recreational, and educational opportunities for older adults.

The Senior Nutrition Program has two components: The Home-Delivered and Congregate Meal programs. Each meal served meets at least one-third of the Recommended Dietary Allowances for older adults and follows the Dietary Guidelines for Americans. The Home-Delivered Meal program provides meals to homebound older adults within the community, with the intent of assisting the resident with remaining in their own home. A hot meal is delivered to the older adult's door five days a week.

The Congregate Meal program serves hot nutritious meals to seniors in a congregate setting such as senior centers, religious facilities, senior housing and community centers. Congregate program participants may be provided transportation to the local nutrition sites and eligible seniors are able to take part in the lunch program and have access to recreational and educational programs.

- Be a Prince George's County resident
- Be at least 60 years of age, or have a spouse that is 60 year of age and attends Senior Nutrition Program

# **Senior Nutrition Program Locations**

Location	Contact Information
Bowie Senior Activity Center	14900 Health Center Drive Bowie, MD 20716 Reservations: (301) 809-2355 Coordinator: (301) 809-2300
Camp Springs Senior Activity Center	6420 Allentown Road Camp Springs, MD 20748 Reservations: (301) 449-0106 Coordinator: (301) 449-0490
Gwendolyn Britt Senior Activity Center	4009 Wallace Road North Brentwood, MD 20722 Reservations: (301) 277-4231 Coordinator: (301) 699-1238
Council House Nutrition Site	3940 Bexley Place Marlow Heights, MD 20746 Reservations: (301) 899-8445 Resident Manager: (301) 423-4504
Crescent Cities Jaycees Nutrition Site	6807 Oxon Hill Road Oxon Hill, MD 20745 Director/Reservations: (301) 567-7076 - Wednesday
Evelyn Cole Senior Activity Center	5720 Addison Road Seat Pleasant, MD 20743 Reservations: (301) 386-2283 Coordinator: (301) 386-5525
Glenarden Nutrition Site	8600 Glenarden Parkway Glenarden, MD 20706 Coordinator/Reservations: (301) 773-2104
Greenbelt Senior Activity Center	15 Crescent Road Greenbelt, MD 20770 Reservations/Coordinator: (301) 397-2208
Greenridge House Nutrition Site	22 Crescent Road Greenbelt, MD 20770 Coordinator/Manager: (301) 474-1135 M-W-F
John E. Howard Community Center Nutrition Site	4400 Shell Street Capital Heights, MD 20743 Reservations/Coordinator: (301) 420-3120
Jewish Community Center of Greater Washington (JCC) Kosher Meal Program Temple Solel Nutrition Site	2901 Mitchellville Road Bowie, MD 20716 Coordinator/Reservations: (301) 348-3893 - MONDAY
Langley Park Senior Activity Center	1500 Merrimac Drive Hyattsville, MD 20785 Reservations: (301) 439-3056 Coordinator: (301) 408-4343

Location Contact Information

Laurel-Beltsville Senior Activity Center 7120 Contee Road Laurel, MD 20707

Reservations: (301) 206-3368 Coordinator: (301) 206-3350

New Carrollton Nutrition Site 6016 Princess Garden Parkway

Lanham, MD 20706

Coordinator/Reservations:

(301) 459-6103

Shiloh Baptist Church Nutrition Site 8801 Ardwick Ardmore Road

Landover, MD 20785 (301) 772-7333 Tuesday

St. Paul's Nutrition Site

# Meals-on-Wheels Programs

Location	Telephone Number
Cheverly	301-618-3930
College Park	301-474-1002
Takoma Park	301-434-1922

## **Contact Us**

## **Aging & Disabilities Services Division**

Physical Address

6420 Allentown Road Camp Springs, MD 20748

Phone: <u>301-265-8450</u> Fax: 301-248-5362

Fax: 301-248-5358

TTY: 211 (Maryland Relay)

**Directory**